

Warming up

Warming up is one of the most important parts of playing a brass instrument. As a player and conductor, I have seen many different approaches. Some people warm up for hours and others turn up and play.

99.99% of the time, the person who has warmed up is going to have a better shot at whatever they might be doing on that day, whether it's home practise, ensemble work or full band/orchestra.

In this warm up sheet, I have written 7 basic exercises that cover:

- Lip flexibility
- Tonguing
- Intervals
- Dynamics
- Finger/slide dexterity
- Rhythmic dexterity
- Sustained playing

When practising each part, make sure you are considering what you are playing and play it accordingly. For example, ensuring that each tongued note is well articulated in the tonguing section, or that all intervals are clean for the interval section.

All of these exercises are very basic and serve as a great introduction to each area. If you would like more advanced versions of any of these aspects of playing or more, please get in contact and I can signpost you to some more difficult parts.

Sion Rhys Jones

Basics

Lip flexibility

8

15

20

Tonguing

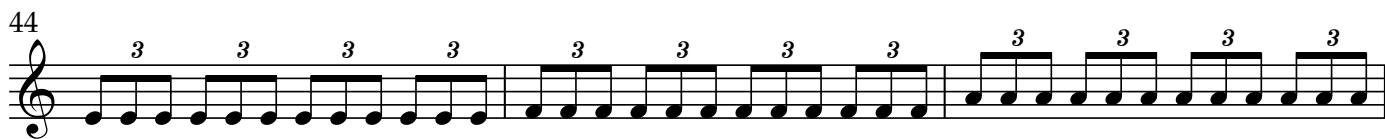
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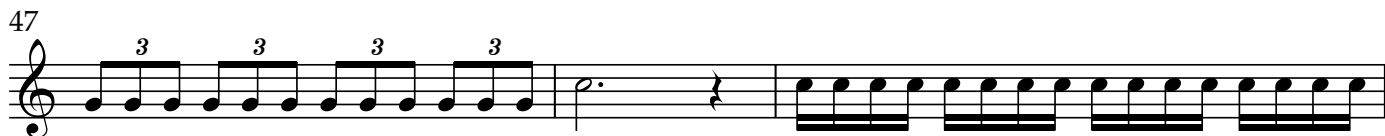
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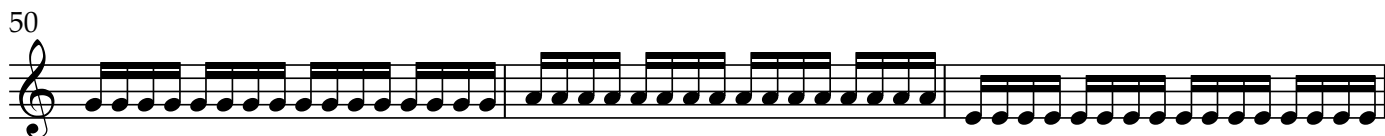
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47



50



53



55



57


Intervals



61



66



70



75

Musical staff 75: Treble clef, eighth-note runs.

80 **Dynamics**

Musical staff 80: Treble clef, dynamics *p*, *f*, *p*, *f*, *p*.

90

Musical staff 90: Treble clef, dynamics *f*, *p*, *f*, *p*, *f*.

100

Musical staff 100: Treble clef, dynamics *p*, *f*, *p*.

106

Musical staff 106: Treble clef, dynamics *f*, *p*, *f*, *p*.

112 **Finger / Slide Dexterity**

Musical staff 112: Treble clef, sixteenth-note runs.

115

Musical staff 115: Treble clef, sixteenth-note runs.

118

Musical staff 118: Treble clef, sixteenth-note runs.

121

Musical staff 121: Treble clef, sixteenth-note runs.

124

Musical staff 124: Treble clef, eighth-note runs.

126

Musical staff 126: Treble clef, eighth-note runs.

128

Rhythmic dexterity

Musical staff 128: Treble clef, triplet eighth-note runs.

132

Musical staff 132: Treble clef, triplet eighth-note runs.

136

Musical staff 136: Treble clef, triplet eighth-note runs.

140

Musical staff 140: Treble clef, triplet eighth-note runs.

142

Musical staff 142: Treble clef, triplet eighth-note runs.

145

Sustain and control

Musical staff 145: Treble clef, long notes with slurs.

152

Musical staff 152: Treble clef, long notes with slurs.

6

159



163

